



## **Where: On-line + Breithaupt Recreation Centre**

350 Margaret Ave, Kitchener, ON N2H 6S5

**When?** Saturday • April 25, 2026 • 11 AM – 5 PM

**Who?** City of Kitchener staff who wish to teach AquaCycling. Register through Alex Geisel.

### **Here's what you need to succeed:**

- AQX Certified & currently teaching aqua fitness
- Excellent deck teaching & communication skills
- 100% completion of the online AQX AquaCycling Basic Training course before April 25
- 100% attendance and full participation in the onsite skills training course
- Enthusiasm to learn about AquaCycling & to teach classes for the City of Kitchener

### **Registration Includes:**

- AQX AquaCycling Basic Training online course
- Onsite AquaCycling practical skills training with Master Trainer Tara Hayes
- Successful completion of the above results in Level 1 AQX AquaCycling Certification

**Registration Barcode: 201925**

### **COST:**

- Qualified City of Kitchener Employees: FREE – express interest to Alex Geisel
- Enrollment is limited to 18
- **AQX Subscribers not working with City of Kitchener may attend.** Registration opens March 27 and is subject to enrollment availability. Fee: \$327.77 + HST. Contact Alex Geisel, City of Kitchener: Alex.Geisel@kitchener.ca



**To register, contact Alex Geisel**

**[www.kitchener.ca](http://www.kitchener.ca)    Barcode: 201925**

*For more information about AQX Aqua Fitness Leadership Excellence visit the links below:*

*[www.FortheLoveofFit.com](http://www.FortheLoveofFit.com)*

*On-Line Learning: [www.FortheLoveofFit.Thinkific.com](http://www.FortheLoveofFit.Thinkific.com)*